# **Boys Track**

#### **Uniform**

The track uniform is the standard St. Joseph PE clothing with running shoes.

### **Meets**

## **Throws and Long Jump:**

Thursday November 5 at 4pm at CKS
Thursday November 12 at 4 pm at CKS

## **Running and High Jump:**

Saturday October 31 at 8am Tampa Catholic Saturday November 7 at 8am at Tampa Catholic

At each track meet, schools are required and expected to provide parent volunteers. These volunteers are needed for time keeping, and the marshaling of kids to and from the track. To maintain the efficiency and timeliness of track meet it is essential that student athletes remain in the bleachers unless their event has been called. Thus, attentiveness by the parents is of great value in getting their kids to the starting line promptly. You will earn service hours for each event.

\*\* A yearly sports physical is required for every student\*\*

If you have any questions please contact Coach Vincent

813-879-7720 lvincent@sjstampa.org